
Subject: SHAMELESS SELF PROMOTION - NARAS members, please consider
Guy Clark

Posted by [Chris Latham](#) on Fri, 22 Dec 2006 05:55:23 GMT

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>

> I know this is going to sound obvious or elementary, but another good

> source

> of information is under the help menu in OSX. Just type in a keyword or

> short question, but start with the mac101 first.

>

> After you go through mac101, then check this
